

Greensboro Medical Associates, PA

1511 Westover Terrace · Suite 201 · Greensboro, NC 27408

Date of first appointment:

Name: _____
Last First Middle Initial Maiden

_____/_____/_____
Month Day Year

Referred here by (check one):

____ Self ____ Family ____ Friend ____ Doctor ____ Other Health Professional

Name of person making referral: _____

The name of the physician providing your general medical care: _____

Do you have an orthopedic surgeon? ____ Yes ____ No If yes, Name: _____

Describe briefly your present symptoms: _____

Date symptoms began (approximate): _____ Diagnosis given? (please list): _____

Previous treatment for this problem (include physical therapy, surgery and injections—medications to be listed later): _____

Please list names of other practitioners you have seen for this problem: _____

MARITAL STATUS:

____ Never married ____ Married ____ Divorced ____ Separated

Spouse: ____ Alive/Age ____ ____ Deceased/Age ____ Major illnesses: _____

EDUCATION (circle highest level attended):

Grade School Junior High School 7 8 9 College 1 2 3 4

High School 10 11 12 Graduate School

Occupation: _____ Number of hours worked/average per week: _____

HOME CONDITIONS:

Check one: ____ House ____ Apartment

Do you have stairs to climb? ____ Yes ____ No If yes, how many? _____

Number of people in household: _____ Relationship, and age of each: _____

Who does most of the housework? _____ Who does most of the shopping? _____

RHEUMATOLOGIC (ARTHRITIS) HISTORY:

Have you or a blood relative had any of the following? (Check if "Yes"):

<u>Yourself</u>	<u>Relative</u>	<u>Yourself</u>	<u>Relative</u>
	<u>name/relationship</u>		<u>name/relationship</u>
____ Arthritis (type unknown)	_____	____ Lupus or "SLE"	_____
____ Osteoarthritis	_____	____ Ankylosing spondylitis	_____
____ Rheumatoid Arthritis	_____	____ Childhood arthritis	_____
____ Gout	_____	____ Osteoporosis	_____

Other arthritis conditions _____

SYSTEMS REVIEW:

Please check any of the below listed problems which apply to you:

GENERAL:

- _____ Recent weight gain/Amount
- _____ Recent loss of weight/Amount
- _____ Fatigue
- _____ Weakness
- _____ Fever

NERVOUS SYSTEM:

- _____ Headaches
- _____ Dizziness
- _____ Fainting
- _____ Muscle spasm
- _____ Loss of consciousness
- _____ Sensitivity or pain of hands and/or feet
- _____ Memory loss

EARS:

- _____ Ringing in ears
- _____ Loss of hearing

EYES:

- _____ Pain
- _____ Redness
- _____ Loss of vision
- _____ Double or blurred vision
- _____ Dryness
- _____ Feels like something in eye

NOSE:

- _____ Nosebleeds
- _____ Loss of smell
- _____ Dryness

MOUTH:

- _____ Sore tongue
- _____ Bleeding gums
- _____ Sores in mouth
- _____ Loss of taste
- _____ Dryness

THROAT:

- _____ Frequent sore throats
- _____ Hoarseness
- _____ Difficulty in swallowing

Date of last eye examination _____

Date of last chest x-ray _____

Date of last Tuberculosis Test _____

NECK:

- _____ Swollen glands
- _____ Tender glands

HEART AND LUNGS:

- _____ Pain in chest
- _____ Irregular heartbeat
- _____ Sudden changes in heartbeat
- _____ Shortness of breath
- _____ Difficulty in breathing at night
- _____ Swollen legs or feet
- _____ High blood pressure
- _____ Heart murmurs
- _____ Cough
- _____ Coughing of blood
- _____ Wheezing
- _____ Night sweats

STOMACH AND INTESTINES:

- _____ Nausea
- _____ Vomiting of blood or coffee ground material
- _____ Stomach pain relieved by food or milk
- _____ Yellow jaundice
- _____ Increasing constipation
- _____ Persistent diarrhea
- _____ Blood in stools
- _____ Black stools
- _____ Heartburn

KIDNEY/URINE/BLADDER:

- _____ Difficult urination
- _____ Pain or burning on urination
- _____ Blood in urine
- _____ Cloudy, "smoky" urine
- _____ Pus in urine
- _____ Discharge from penis/vagina
- _____ Frequent urination
- _____ Getting up at night to pass urine
- _____ Vaginal dryness
- _____ Rash/ulcers
- _____ Sexual difficulties
- _____ Prostate trouble

BLOOD:

- _____ Anemia
- _____ Bleeding tendency

SKIN:

- _____ Easy bruising
- _____ Redness
- _____ Rash
- _____ Hives
- _____ Sun sensitive (sun allergy)
- _____ Tightness
- _____ Nodules/bumps
- _____ Hair loss
- _____ Color changes of hands or feet in the cold

MUSCLES/JOINTS/BONES:

- _____ Morning stiffness
- _____ Lasting how long?
_____ Minutes
_____ Hours
- _____ Joint pain
- _____ Muscle weakness
- _____ Muscle tenderness
- _____ Joint swelling—

Joints affected in the past 7 months:

HABITS:

- Do you drink coffee? _____
- Cups per day? _____
- Do you smoke? __ Yes __ No __ Past
- Cigarettes per day? _____
- Has anyone ever told you to cut down on your drinking? __ Yes __ No
- Do you use drugs for reasons that are not medical? If so, please list:

- _____
- How many pillows do you use to sleep on each night? _____
- Do you get enough sleep at night?
_____ Yes _____ No
- Do you wake up feeling rested?
_____ Yes _____ No

MENSTRUAL:

Age when periods began: _____ Periods regular: __ Yes __ No How many days apart: _____ Date of last period: _____

Date of last Pap smear: _____ Bleeding after menopause: _____

PAST PERSONAL HISTORY:

Do you now have or have you had (check if "Yes"):

- | | | | |
|---------------------|-------------------------|----------------------|-----------------------|
| Cancer _____ | Heart problems _____ | Asthma _____ | Goiter _____ |
| Leukemia _____ | Stroke _____ | Cataracts _____ | Diabetes _____ |
| Epilepsy _____ | Nervous breakdown _____ | Stomach ulcers _____ | Rheumatic Fever _____ |
| Bad headaches _____ | Jaundice _____ | Colitis _____ | Kidney disease _____ |

Pneumonia _____ Psoriasis _____ Anemia _____

Other significant illness (please list): _____

Previous Operations:

Type	Year	Surgeon	City
1) _____	_____	_____	_____
2) _____	_____	_____	_____
3) _____	_____	_____	_____
4) _____	_____	_____	_____
5) _____	_____	_____	_____

Any previous fractures? No Yes Describe: _____

Any other serious injuries? No Yes Describe: _____

FAMILY HISTORY:

	If Living:		If Deceased:	
	Age	Health	Age at Death	Cause
Father	_____	_____	_____	_____
Mother	_____	_____	_____	_____

Number of brothers _____ Number living _____ Number deceased _____

Number of sisters _____ Number living _____ Number deceased _____

Number of children _____ Number Living _____ Number deceased _____ List ages of each: _____

Serious illnesses of children: _____

Do you know of any blood relative who has or has had (check and give relationship):

Cancer _____ Heart disease _____ Rheumatic fever _____ Tuberculosis _____

Leukemia _____ High blood pressure _____ Epilepsy _____ Diabetes _____

Stroke _____ Bleeding tendency _____ Asthma _____ Goiter _____

Colitis _____ Alcoholism _____

On the scale below, circle a number which best describes your situation: Most of the time, I function.....

1	2	3	4	5
VERY POORLY	POORLY	OK	WELL	VERY WELL

Because of your health problems, do you have difficulty: (Please check the appropriate response for each question)

	Usually	Sometimes	No
Using your hands to grasp small objects? (buttons, toothbrush, pencil, etc.).....	_____	_____	_____
Walking?.....	_____	_____	_____
Climbing stairs?.....	_____	_____	_____
Descending stairs?.....	_____	_____	_____
Sitting down?.....	_____	_____	_____
Getting up from a chair?.....	_____	_____	_____
Touching your feet while seated?.....	_____	_____	_____
Reaching behind your back?.....	_____	_____	_____
Reaching behind your head?.....	_____	_____	_____
Dressing yourself?.....	_____	_____	_____
Going to sleep?.....	_____	_____	_____
Staying asleep due to pain?.....	_____	_____	_____
Obtaining restful sleep?.....	_____	_____	_____

Bathing?..... _____

Eating?..... _____

Working?..... _____

Getting along with other family members?..... _____

With your sexual relationship?..... _____

Engaging in leisure time activities?..... _____

With morning stiffness?..... _____

Do you use a cane, crutches, a walker, or a wheelchair? (circle item)..... _____

What is the hardest thing for you to do?..... _____

Are you receiving disability?..... Yes _____ No _____

Are you applying for disability?..... Yes _____ No _____

Do you have a medically related lawsuit pending?..... Yes _____ No _____

MEDICATIONS:

DRUG ALLERGIES: _____ Yes _____ No If yes, to what?..... _____

Type of reaction?..... _____

Present: (list any medications you are taking at this time. Include such items as aspirin, vitamins, laxatives, calcium supplements, etc.)

Name of Drug	Dose (Include strength and number of pills per day)	How long have you taken this medication?	Please check: Helped?		
			A lot	Some	Not at all
1)					
2)					
3)					
4)					
5)					
6)					
7)					

Past: Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, how long you were taking the medication, the results of taking the medication, and list any reactions you may have had.

Drug Names/Dosage	Length of Time	Results			Reactions
		A Lot	Some	Not At All	
1) Aspirin					
2) Aspirin-containing product					
3) Easprin					
4) Disalcid					
5) Tylenol (plain)					
6) Tylenol with codeine					
7) Darvon/Darvocet					
8) Clinoril					
9) Feldene					
10) Indocin					
11) Meclomen					
12) Motrin/Rufen					
13) Nalfon					
14) Naprosyn					
15) Tolectin					
16) Cortisone/Prednisone					
17) Benemid					
18) Colchicine					
19) Zylprim/Lopurin					
20) Gold (shots or pills)					
21) Plaquenil					
22) Penicillamine					
23) Methotrexate					
24) Imuran					
25) Cytosan					
26) Other					

